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<p>We agree this is a true record of the learning undertaken:</p> <p>TOTAL HOURS:</p> <p>Signed</p> <p>Date</p> <p>Signed</p> <p>Date</p>	<p>Coaching Competencies</p> <ol style="list-style-type: none"> 1. Ethical, Legal & Professional 2. Contracting and Establishing Outcomes 3. Trust Based Relationships 4. Managing Self and Coaching Presence 5. Effective Communication 6. Raising Awareness and Insight 7. Strategies and Actions 8. Forward Momentum and Evaluation 9. Continuous Coach Development 10. Working Within the Organisational Context 11. Understanding Leadership 12. Working In Partnership with the Organisation
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Coachee – What did the coachee want help with. How did they present the issues and choices they were making?

Coach – What interventions did the coach chose to make and what else they might have done?

The Relationship – How did the conscious and unconscious interactions and dynamics between the coach and coachee affect the discussion?

The Coach – How did the Coach’s life/experience helped them register/interpret what was happening under the surface for the coachee?

The Parallel Process – What is happening now between Coach and Supervisor? Are there parallels?

The Supervisor View – What does the Supervisor see in the “here and now” that can shed light on the coach/coachee relationship?

The Wider Context – What social, cultural, ethical and contractual things are impacting the coaching and the supervision?

